

Reentry Resources

Looking for resources and services to help you thrive? Visit [FindHelp.org](https://findhelp.org) and enter your zip code to find what you need.



This frequently updated database has an easy-to-use search and navigation system that you can use on a phone, tablet, or desktop computer.

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Don't know what all you need yet? Learn about the Five Pillars of Stability to help you continue your journey to a happy and healthy life.



Five Pillars of Stability

There's a lot that goes into creating and maintaining a stable life, and it can be overwhelming, especially for families. The Five Pillars of Stability framework is a way to describe what it takes for an individual to reach their fullest potential and describes the key areas of needs to meet that lead to a thriving life.

The pillars have been shown to support individual and family stability and reduce or prevent the need for deep-end interventions. Being strong in these areas allows individuals to work on restoring connections to their families, friends, and the broader community.

Read more about the Five Pillars of Stability at [Wellpoint Care](https://www.wellpoint.com/care)

The Five Pillars are:



[Employment](#)



[Education](#)



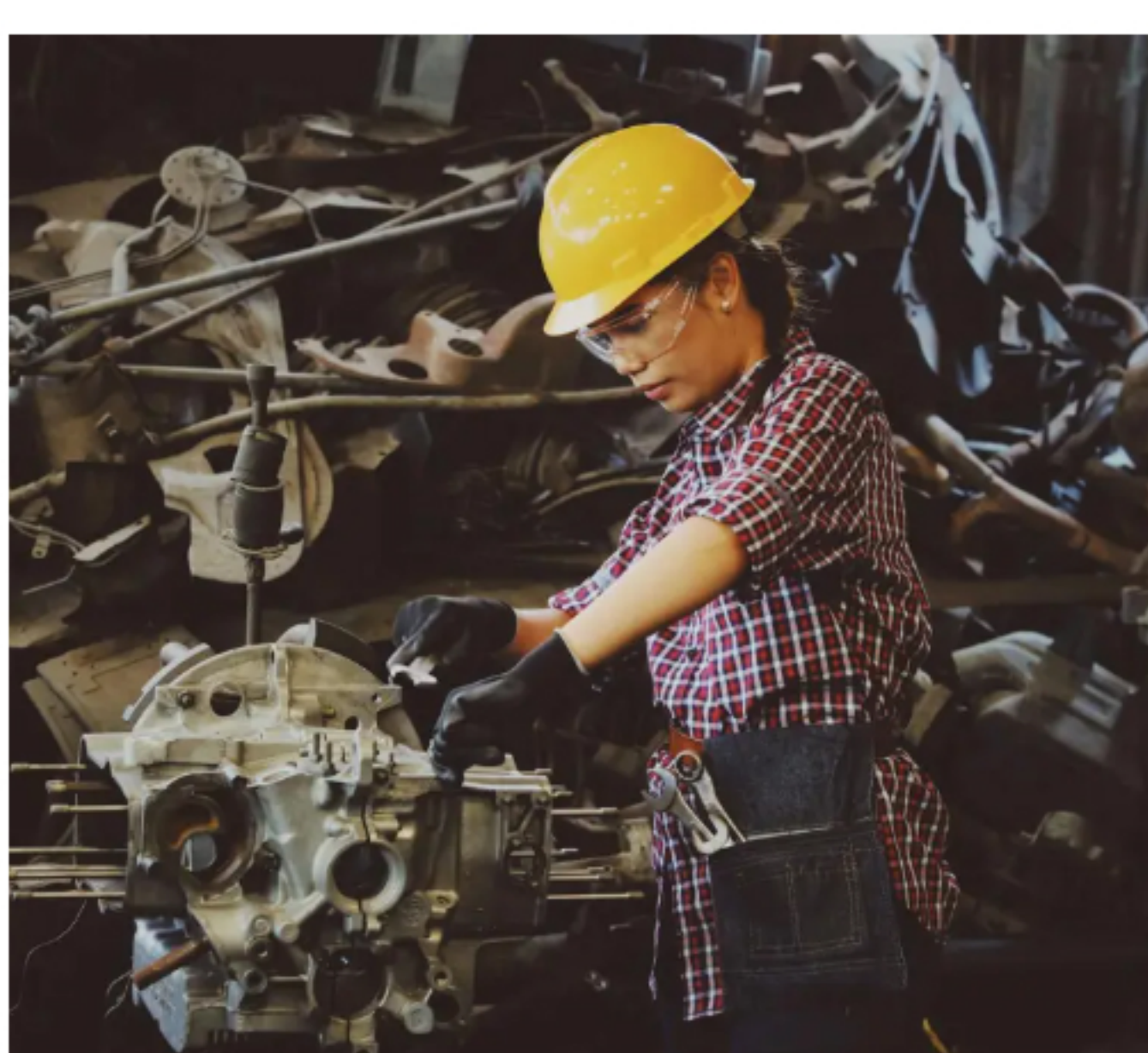
[Housing](#)



[Health](#)



[Caring Con.](#)



Employment

A living income is essential for family stability and wellbeing. This pillar is strongest when all workers have transit connections to jobs and other resources. Those who are employed, unemployed, or underemployed, deserve income and benefits that allow them to meet their basic needs. Assistance is out there to develop job skills, writing resumes, and practicing interviews to help you get closer to your best self.



Education

Getting an education is one of the most important steps a person can take toward their best outcomes. Finishing high school, getting a GED, pursuing a post-secondary education, or receiving on-the-job training will open many doors that lead to bigger and better jobs.

Ensuring your children an education will set them up for success later in life, giving them academic knowledge and social skills. Early Childhood Education/Head Start programs are available for children as young as six weeks old and is more than just a daycare. Head Start programs are free for low-income families and provide meals.

Libraries are often a great place to find programs and events for children and teens, as well as services and resources for adults. Get access to computers, classes on how to use computers and common computer programs, job and career services, assistance in obtaining government identification, as well as many programs and activities for adult learners.



Housing

Safe, affordable housing is a basic need that is crucial for individual and family stability. There are programs like utility assistance to help with bills and housing vouchers for low-income families out there to help people get a safe place to live. Halfway houses or transitional housing is usually the step between incarceration and probation, and there are some options for families and some that specialize with addictions. Specialized housing social workers are also out there to help.



Health

Accessible and quality healthcare is important to sound physical, mental, and behavioral health. The first step to getting affordable and accessible healthcare is to obtain insurance like Medicaid. There are also free or reduced-price clinics for medical, dental, or mental health available if services are needed before an individual can get insurance.

Getting to appointments can be a challenge, but there services and programs to get free or reduced-cost transportation (rides, bus tickets, or reimbursement) to medical appointments

Food assistance is available with Supplemental Nutrition Assistance Program (SNAP) benefits for individuals and families, as well as Women, Infants and Children (WIC) to help with infant and child nutrition

Home visiting programs are ways to develop the parent-child relationship, bonding and attachment, understanding child development, and learning about community resources. These programs can also provide assistance finding parenting classes.



Caring Connections

Strong relationships help create success in life and are there when things don't go as planned. Being able to talk with someone who understands the same burdens can provide reassurance that an individual is not alone. There are support groups for substance abuse, support groups for loved ones who struggle with substance abuse, as well as peer mentors who've gone through it and can share their experiences.

About this page

This site was created as an online resource hub that would allow for individuals to easily find reentry resources in their county as part of a Senior Design Project by students at the Milwaukee School of Engineering.